<u>Abstract</u>

[0026] Method and system to spin up a hard disk prior to a data exchange request. In one embodiment, the occurrence of a predetermined event is detected. In response, the hard disk is activated prior to a request to exchange data with the hard disk. In one embodiment, the predetermined event is a cache of the hard disk reaching a predetermined level of dirty data, the predetermined level being less than completely full. In an alternative embodiment, the predetermined event includes detecting a presence of a computer user.

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